

DRAIN CARE INSTRUCTIONS AND LOG

Drain care is required 2 times per day immediately following surgery. Follow these instructions explicitly and record drainage as required. **You must do this 2 times per day, and at any time the drainage bag is more than 1/3 full.** You will be required to submit the drain log to Dr Kim for your patient record.

1. Wash your hands well with anti-bacterial soap.
2. Open cap on the drain bulb. Pour out drainage into a clean **measuring cup**. Record the amount of drainage and time of day as indicated. Dispose of drainage in the toilet and flush.
3. **Squeeze bulbs tight.** Replace cap.

Once you have measured your fluid drainage, you must **“milk” or strip the drain tube.** This is done to prevent small clots from blocking fluid flow.

1. To do this, hold the tube securely at the skin site with one hand. With the other hand, pinch the tube between your thumb and index finger and apply firm pressure as you strip the tube towards the bulb.
2. If the tube and bulb come apart, wipe the ends with alcohol and reconnect. Squeeze the bulb again and replace cap.

Cleansing the Drain Site

Once a day or as instructed, change gauze around drain sites. Change the gauze more often if it becomes saturated.

Check the skin around the drains for leakage or redness (a slight redness immediately around the tube is not unusual). If there is leakage, begin milking the tubes downward towards the bulb and continue milking every hour until leakage slows down. **Apply Neosporin or antibiotic ointment around the drain insertion site.** Attach the drainage bag to your clothes so that there is no tension on the insertion site.

Additional Instructions

- Always secure the drain to your clothing so that there is no tension on the drain at the incision site.
- Do not cut the drains.
- Keep tubes connected to the bulbs.
- Check that the bulb is always compressed (or flat).

Notify Alex Kim M.D. at 310-860-9502 if any of the following occur:

- A large amount of leakage around the drain.
- A marked increase in drainage output (double your usual flow).
- Increased heat, redness, or tenderness around the insertion site.
- The bulb will not stay compressed or filled with air.
- The drain comes out.

Brooks Surgery Center
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Drainage Log

Following the example, please record the output at least twice daily.

DAY	DATE/TIME	AMOUNT DRAINED (cc or oz)		
		#1	#2	#3
	7/23/2017 8 am (Example)	25 cc	30 cc	10 cc
	7/23/2017 7 pm (Example)	20 cc	10 cc	15 cc
	DAILY TOTAL (Example)	45 cc	40 cc	25 cc
1				
	DAILY TOTAL			
2				
	DAILY TOTAL			
3				
	DAILY TOTAL			
4				
	DAILY TOTAL			
5				
	DAILY TOTAL			
6				
	DAILY TOTAL			
7				
	DAILY TOTAL			